

TRINITY WORLDWIDE TECHNOLOGIES, LLC

How to develop a good PASSPHRASE

If you're like most people you sigh when you need to create a new password. Well, we have **Good News** for you!



Historically we've been told to follow this standard checklist for creating STRONG passwords:

- ✓ Make them complicated
- ✓ Use numbers and symbols
- ✓ Change them regularly
- ✓ Use a different password for each website

The National Institute of Standards and Technology (NIST) just made our lives much easier. The organization recently [revised its guidelines for creating passwords](#), and the new advice sharply diverges from previous rules.

Passphrases differ from passwords only in length. Passwords are usually short, six to ten characters. Passphrases are usually much longer -- typically 16 to 64 characters (including spaces). Their greater length makes passphrases more secure.

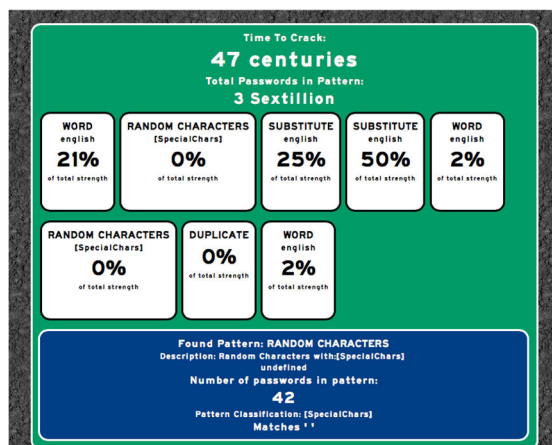
Picking a good passphrase is one of the most important things you can do to preserve your privacy.

A passphrase should be:

- ✓ Known only to you
- ✓ Long enough to be secure
- ✓ Hard to guess -- even by someone who knows you well
- ✓ Easy for you to remember
- ✓ Easy for you to type accurately
- ✓ Use spaces, characters and numbers

For example this phrase "*Sometimes you w1n sometimes you learn*", will take 47 centuries to crack.

Test your Passphrase vs. your favorite password you'll be amazed: <http://www.passfault.com>



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